

## Arrested Prayer Development

Workshop by Dana Olson

*What is arrested development?*

"It is the termination or interruption of a normal development process."  
Dr. Ned Stringham

*What is arrested prayer development?*

It is the termination or interruption of a healthy, growing prayer life.

*What is the prescription for those suffering APD?*

**It is praying Scripture.**

*What do I mean by praying Scripture?*

I don't mean reciting memorized prayers, such as the Lord's prayer.

I don't mean praying a few "favorite" passages or prayers from the Bible.

I don't mean trying to use verses like a magic formula.

**I do mean a disciplined, systematic practice of praying through books of the Bible for the growth and enhancement your personal prayer life.**

*Here are two examples from church history of lives transformed through praying Scripture:*

George Muller

Hudson Taylor

*Try it! Choose a book of the Bible*

*Read a few verses each day (a literary unit)*

*Reflect on the passage, asking "Lord, how should I pray?"*

*You might want to jot notes into a journal.*

**Pray!**