





*"A Song of Hope for the Sunken Soul"*  
Psalms 42-43

**Main Idea:** God is the everlasting hope of all who look to him for salvation.

I. THERE IS HOPE FOR THE THIRSTY AND TEARFUL (42:1-5a)

**Question:** Why are you cast down, O my soul?

**Answer:** Hope in God: He \_\_\_\_\_ the thirsty and  
is \_\_\_\_\_ to the tearful.

II. THERE IS HOPE FOR THE DISTRESSED AND DOWNTRODDEN  
(42:5b-11)

**Question:** Why are you cast down, O my soul?

**Answer:** Hope in God: He \_\_\_\_\_ the distressed  
and \_\_\_\_\_ the downtrodden.

III. THERE IS HOPE FOR THE ABUSED AND ACHING (43:1-5)

**Question:** Why are you cast down, O my soul?

**Answer:** Hope in God: He \_\_\_\_\_ the abused and  
\_\_\_\_\_ to the aching.

**Question:** How do we hope in God?

**Answer:** By trusting in his salvation - \_\_\_\_\_

- Our "\_\_\_\_\_ " - John 1:1-5
- Our "\_\_\_\_\_ " - John 1:14